



Update EU Dietary Reference Values



Integrate health aspects into the common agricultural policy (CAP)



Update EU legislation on nutrition labelling



Update EU legislation on nutrition and health claims



Regulate social media algorithms that focus on user retention



Enforce age verification for social media

Diet

Physical activity



STRUCTURAL PREVENTION AT THE SUPRANATIONAL LEVEL

LIFESTYLE FACTORS
(DIET, SMOKING, ALCOHOL
AND PHYSICAL ACTIVITY)

Alcohol

Tobacco and nicotine



Introduce high minimum price



Limit amount of duty-free goods



Strengthen the Tobacco Products Directive



Ban internet sales



Prohibit commercial actors from influencing legislation



Increase EU tax on beer, wine and spirits



Standardise EU tax across beverage type (beer, wine and spirits)